

It has been a difficult 11 days, with hundreds of Hamas rockets being fired at major Israeli cities and clashes between Jewish and Arab civilians across the land. On Wednesday we hosted Prof Asher Susser from TAU's Moshe Dayan Center for Middle Eastern and African Studies, for an eye-opening lecture on the recent events in Israel and the ways forward.



In case you missed it...

Just click the button and you'll be able to watch, or revisit, the entire event. Please support us by sharing this event with friends.

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As news of a ceasefire arrives, we can only pray that steps will be taken to reduce the violence and the chance of another flare-up, and to help those inflicted by the events, whether they are civilians who experienced the loss of a loved one or soldiers battling with PTSD.

Israelis are more exposed to trauma than any other population in the developed world. With that in mind, please watch this video about the work being done at Tel Aviv University's Center for Traumatic Stress & Resilience led by Professor Yair Bar-Haim:



Should you wish, please help those facing serious difficulties from the recent events in Israel, by supporting mental health services for all Israelis and combating PTSD for IDF soldiers.

[Donate Now](#)

We wish you, and all our friends and loved ones in Israel, a peaceful weekend,

Shabat shalom,

Cara G. Case

Chief Executive

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